

A Reason to Celebrate

Runner Pattern

Finished Size 48" x 24"

Fabric Requirements:

- 1/2 yard white background print
- 1/3 yard light tulip print
- 1/3 yard yellow gingham
- 1/4 light brown print
- 1/4 yard second brown print
- 1/4 yard green print
- 1/4 yard pink print
- 1/4 yard red print

- 1 1/2 yards Backing
- 1/3 yard Binding

Optional Supplies

- 1/2 yard double sided fusible web for appliqué
- Coordinating threads for appliqué top stitching



A Reason to Celebrate Runner was designed by Lisa W. Norton to celebrate the opening anniversary of our local quilt shop. Check out www.inbetweenstitches.com for Material Girlfriends patterns and kits.



A Reason to Celebrate Runner Pattern


Star Block - Unfinished Size 12 1/2"

CST = Corner Square Triangle,  = Cut Once on the Diagonal,
FG = Flying Geese, **WOF** = Width of Fabric



For Three Stars, Cut:



Three 4 1/2" squares for center
 Six 2 7/8" squares for CST 



Twelve 2 7/8" squares for
FG wings




Three 5 1/4" squares for **FG** belly



Twelve 2 7/8" squares for
FG wings



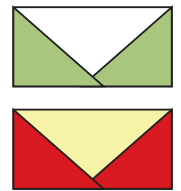
Three 5 1/4" square for **FG** belly
 Twenty-four 2 1/2" squares
 Two 1 1/2" x WOF for **4-Patch**
 Twelve 1 7/8" squares for CST 



Twelve 1 1/2" squares for CST
 Two 1 1/2" x WOF for **4-Patch**

Flying Geese Units, Unfinished Size 4 1/2" x 2 1/2"

1. Sew the **Flying Geese** according to the instructions below. For each star block, make four Flying Geese from the White/Green fabrics and the other four from the Yellow/Red fabrics.



1.

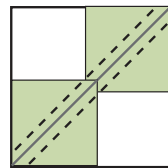
2. Take four green 2 7/8" squares and draw a diagonal line on the wrong side of the fabric.

3. Take one 5 1/4" square and position two of the 2 7/8" squares in opposite corners, right sides together as indicated in the diagram. Pin in place and sew a 1/4" seam on both sides of the drawn line.

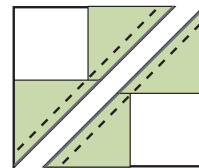
4. Cut on the drawn line.



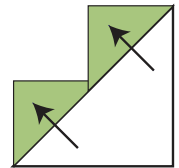
2.



3.



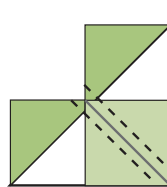
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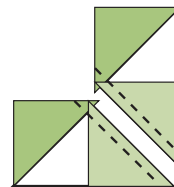
5.

5. Press the triangle points as indicated by the arrows on both units.

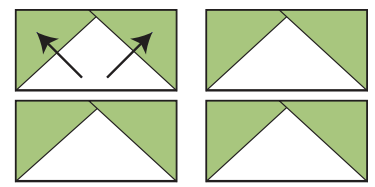
6. Position another 2 7/8" square as indicated. Pin and sew 1/4" seam on both sides of the drawn line. Repeat for the other unit.



6.



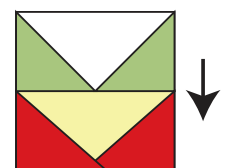
7.



7. Cut on the drawn line.

Press seams as the arrows indicate. Trim the dog ears and *presto*, four **Flying Geese**. Repeat to make a total of twelve White/Green **Flying Geese** and twelve **Yellow/Red Flying Geese**. **Flying Geese** should measure 2 1/2" x 4 1/2".


8. Sew a White/Green **Flying Geese** to the top of a Yellow/Red **Flying Geese** as indicated in diagram. Press as the arrow indicates. Make four sets for each star. Should measure 4 1/2" square.



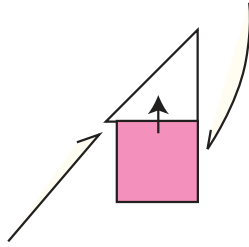
8.

Corner Square Triangles

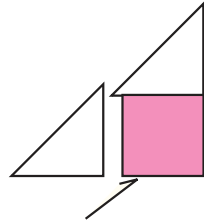
Lay out the pieces and sew according to the diagram below for **Corner Square Triangles**.

In the cutting instructions, squares marked with a  need to be cut once on the diagonal to get the triangles.

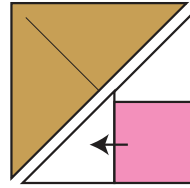
Align the triangle along this side of the square.



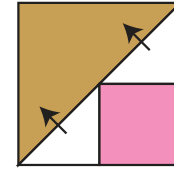
A. A little 'tail' will hang off on this side. Press toward the triangle.



B. Align the other triangle along this side of the square. Sew and press toward the triangle.



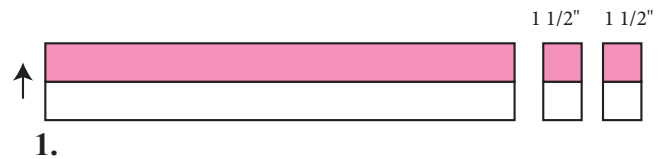
C. Center the large triangle by finger pressing a center crease. Pin and sew.



D. Press toward the larger triangle and square up to 2 1/2". Make four.

4-Patch Block

1. Sew a Pink 1 1/2" strip and a White 1 1/2" strip together along the long sides. Press seams toward the Pink fabric. Cut strip sets into 1 1/2" units.
2. Pair units as shown. Nest seams, pin, sew, and press seam to one side. Should measure 2 1/2" square. Make twenty-four **4-Patch** blocks



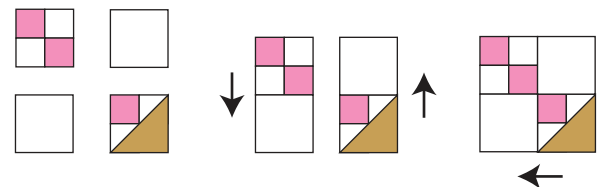
1.



2.

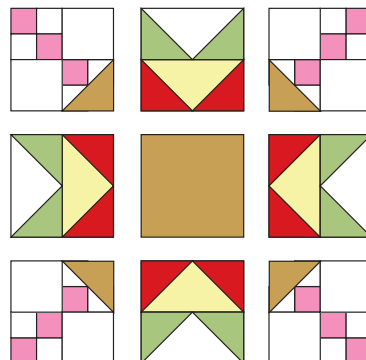
Block Assembly

3. Lay out a **4-Patch**, a **Corner Square Triangle** and two 2 1/2" White squares like the diagram. Sew the left two squares together. Sew the right two squares together. Press toward the White fabrics. Nest the two seams, pin, and sew the left and right sides together. Press seam as indicated. Make four units for each star. Should measure 4 1/2" square.



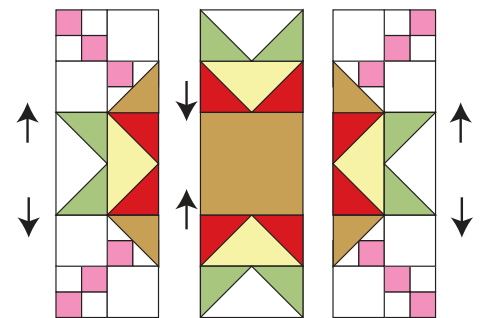
3.

4. Lay out the block units like the diagram. Sew the three left units together. Sew the middle units together. Sew the right units together. Press as the arrows indicate.



4.




5. Nest the seams, pin, and sew the left side to the middle. Nest seams, pin, and sew on the right side. Press well. Should measure 12 1/2" square. Make three star blocks.






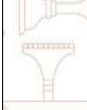



5.

Sashing and Appliqué

For Sashing Cut:

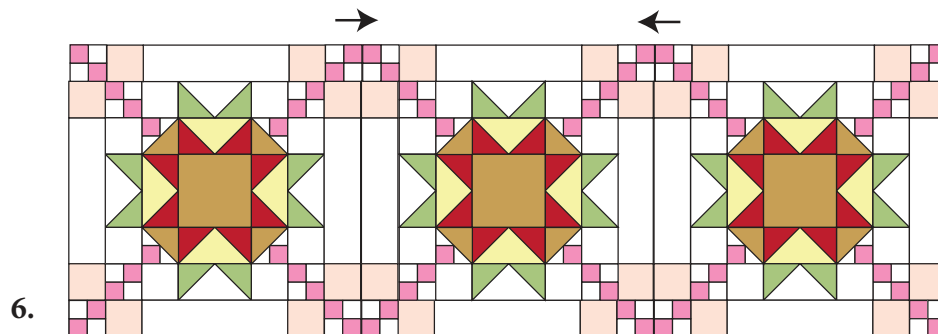
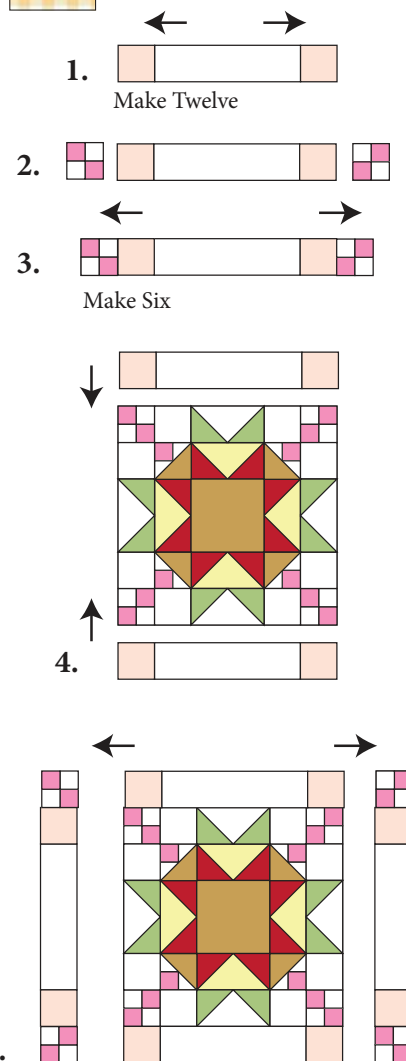
-  Three 4 1/2" x 16 1/2" rectangles
Twenty-four 2 1/2" squares
-  Twelve 2 1/2" x 8 1/2" rectangles
-  Three 4 1/2" x 16 1/2" rectangles

For Appliqué Cut:

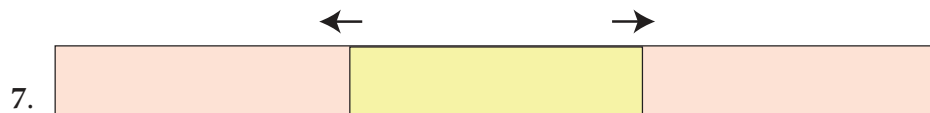
-  Two banners
Six cupcake wrappers
-  Two banners
Six cupcake wrappers
-  Two banners
Fussy-cut cupcake hearts
Bee heads
-  Letters for banners
Bite in cupcake
Bee's wings
-  One banner
Seven cupcake tops
-  Two banners
Three cupcake wrappers
Four cupcake tops
-  Bee bodies

Sashing Assembly

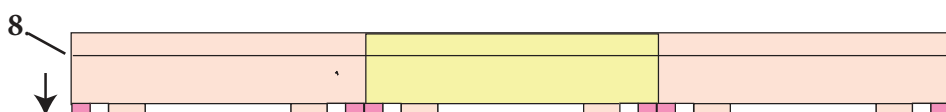
1. Sew a 2 1/2" Tulip square to each end of the 2 1/2" x 8 1/2" White rectangle. Press seams as the arrows indicate. Should measure 2 1/2" x 12 1/2". Make twelve.
2. Position two **4-Patch** blocks like diagram.
3. Sew a **4-Patch** block to each end of a **Sashing** unit. Press seams as the arrows indicate. Should measure 2 1/2" x 16 1/2". Make six.
4. Nest, pin, and sew a **Sashing** unit to the top and bottom of each of the stars. Press seams as the arrows indicate.
5. Nest, pin, and sew a **Sashing/4-Patch** unit to the left and right sides of each of the stars. Press seams as the arrows indicate. Should measure 16 1/2" square.
6. Nest, pin, and sew the three star blocks together side by side. Press seams as the arrows indicate.



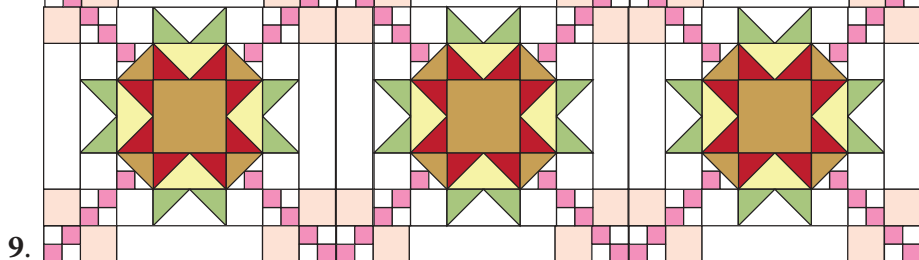
7. Sew a 4 1/2 x 16 1/2" tulip fabric rectangle to each end of a 4 1/2" x 16 1/2" yellow gingham rectangle. Press seams as the arrows indicate.



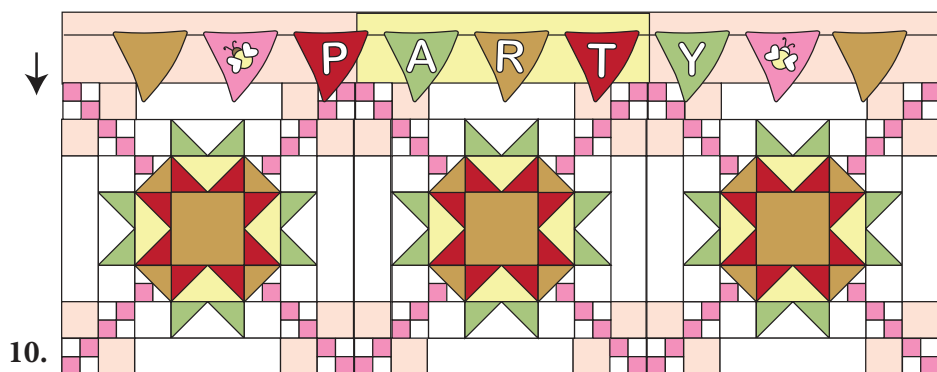
8. Using a thin fabric pencil, draw a straight line 1 1/2" from the top of the rectangle unit from the right to the left side.



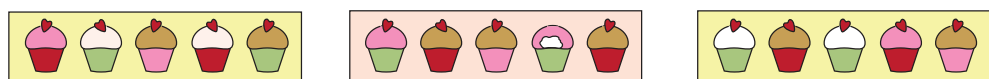
9. Nest seams, pin, and sew the pieced strip unit to the top of the star runner.



10. Using your preferred appliqué method, appliqué banner, bees, and letters as if hanging from the drawn line. After the appliqué portion is done, hand embroider or machine satin stitch the drawn line between each banner and to the ends.

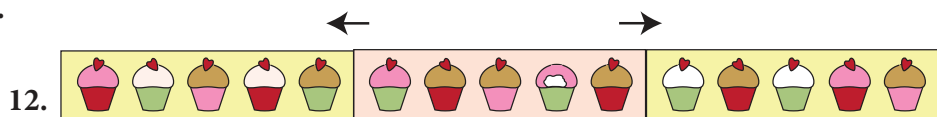


11. Center and evenly space five cupcakes to each; two yellow gingham and one tulip 4 1/2" x 16 1/2" rectangles. Remember to allow for seam allowance. Appliqué the cupcake wrappers, cupcake tops, "bite" and strawberries/hearts.



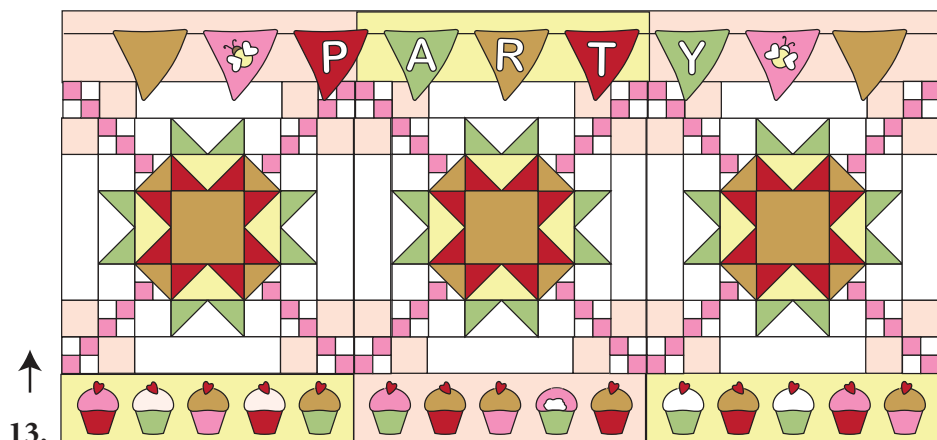
11.

12. Sew the appliquéd yellow gingham rectangles to the left and right sides of the tulip fabric rectangle.



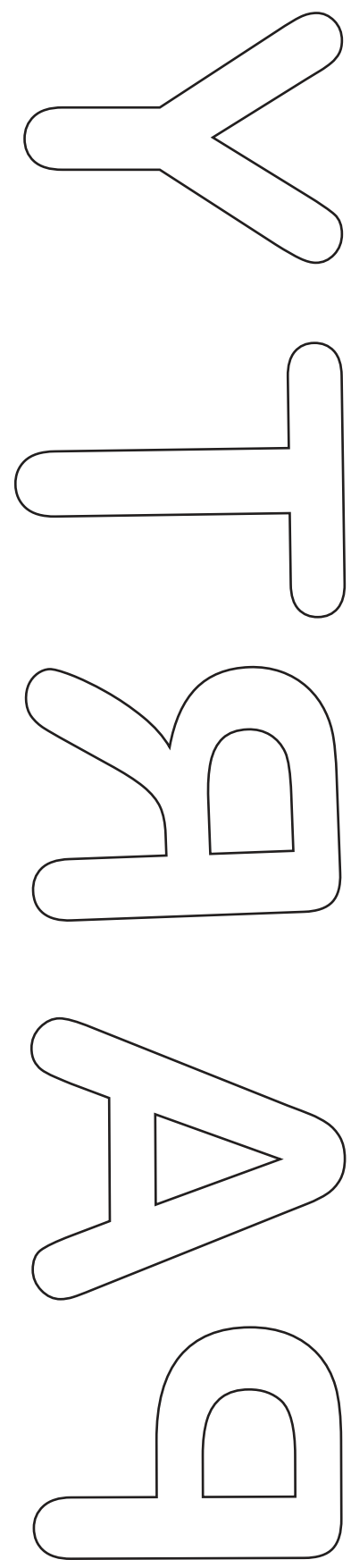
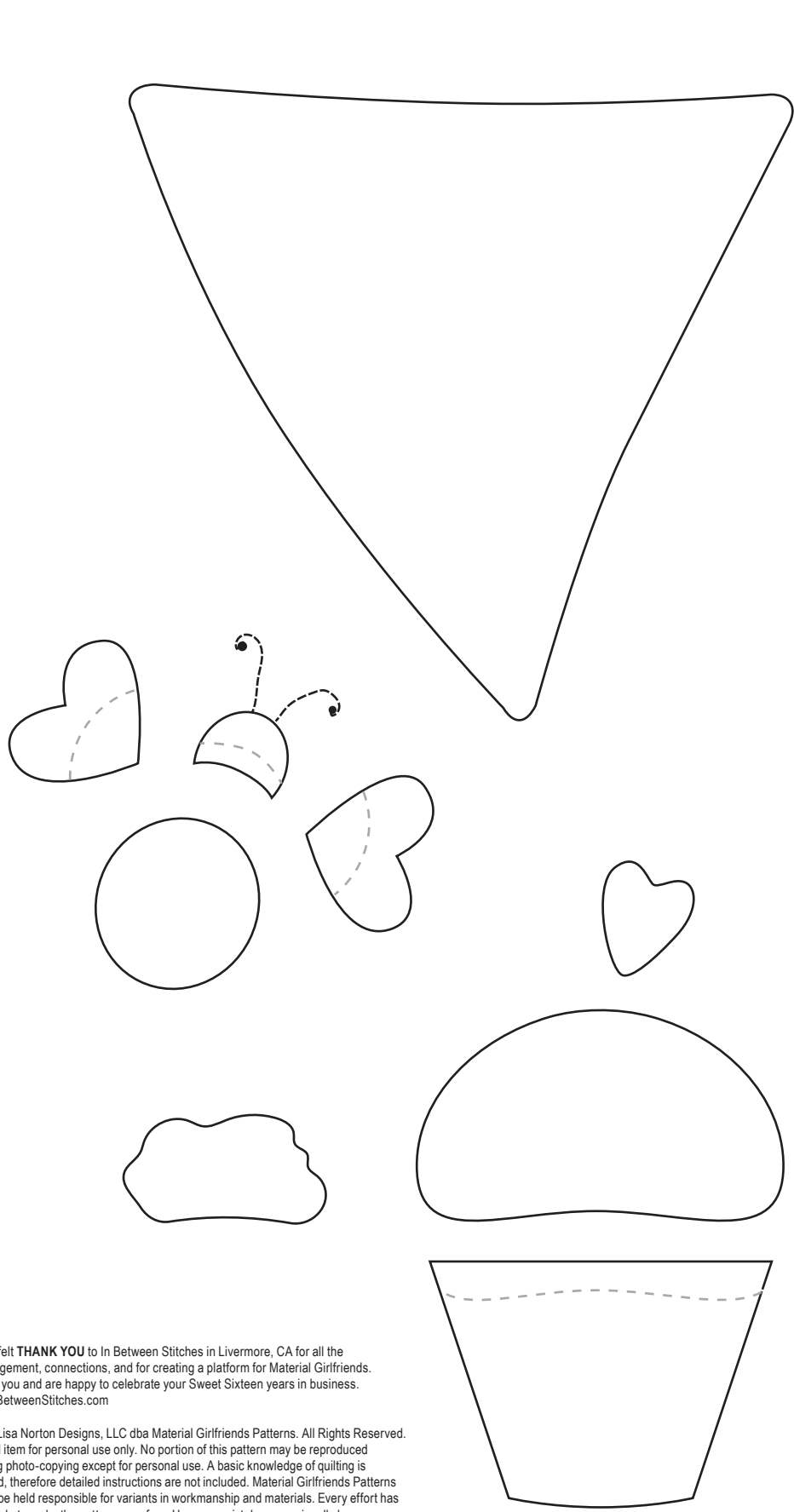
12.

13. Nest seams, pin, and sew the Cupcake strip to the bottom of the stars. Press seam as indicated by the arrow.



13.

Quilt, bind, and Celebrate!



A heart felt **THANK YOU** to In Between Stitches in Livermore, CA for all the encouragement, connections, and for creating a platform for Material Girlfriends. We love you and are happy to celebrate your Sweet Sixteen years in business. www.InBetweenStitches.com

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