

16. Position the brown flower center and fuse into place. Add a blanket stitch or small zigzag stitch.

17. Sandwich the 14" square batting and 14" square backing with the 12 1/2" top. Smooth out and Safety pin together. Match the bobbin thread to your backing and the top thread to your top background. Quilt as desired. When you are finished quilting, trim to 12" square.






18. Make binding, by cutting two 2 1/4" strips by width of fabric. Cut off 9" of one end to make the sleeve. Roll under each end and seam. Press in half the long way and pin to the top of the Bite Size block on the back. Sew on binding to the front. Roll over and hand stitch to the back. Add buttons if desired!

Materials List

Size 12 1/2" square

Scraps are great for the sunflower petals!!
 Sixteen 3" x 7" rectangles of a variety of yellow prints
 13" square of gray/taupe background fabric
 6" square of brown for sunflower center
 6" square of fusible interfacing light weight
 15" square of backing
 15" square of batting
 1/6 yard cut into two 2 1/4" strips for binding and sleeve
 Handful of mismatched dark buttons for the sunflower center, *optional*

Let's Connect!

-  Facebook: @materialgirlfriends13
-  Pinterest: materialgirlfriend
-  Instagram: material_girlfriends
-  Youtube: Material Girlfriends Patterns
-  Twitter: @heylisanorton

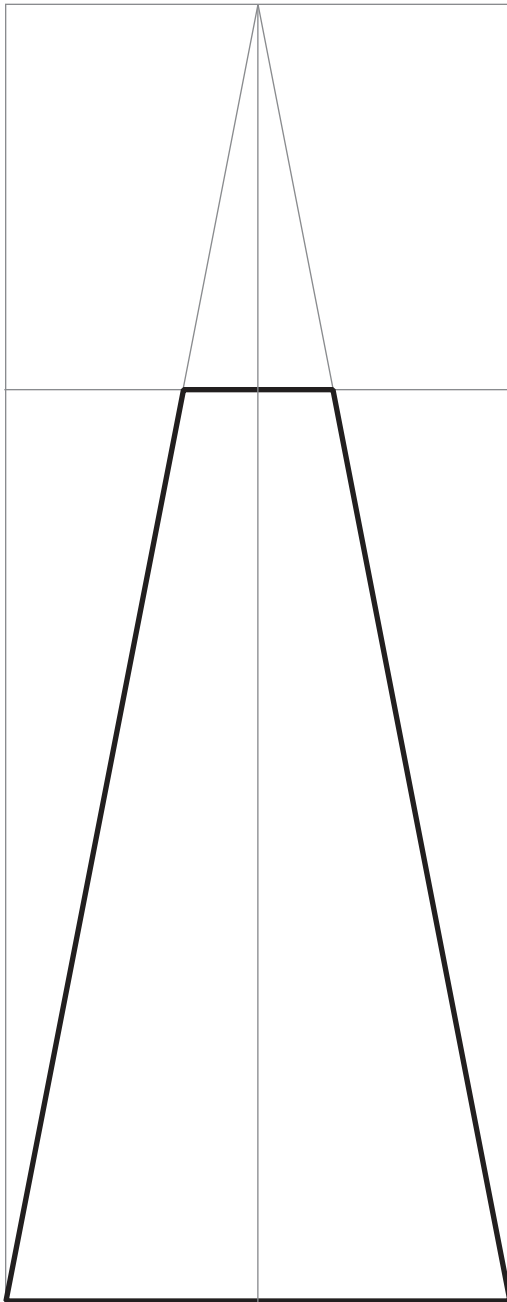
www.MaterialGirlfriends.com

MSRP \$5.99




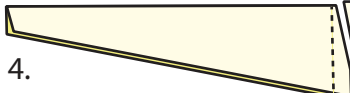
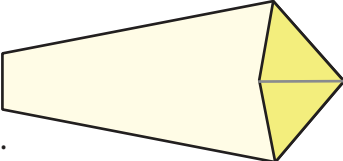
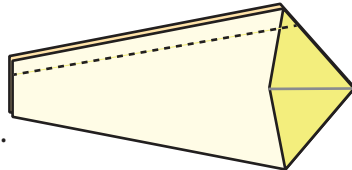
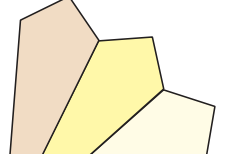
Not for resale.
 Please do not share copies.
 One copy per customer.





Block Assembly Instructions

Use a $\frac{1}{4}$ " seam allowance for all piecing, fabric right sides together.

1. You can create your own template by cutting a card stock to $2\frac{5}{8}$ " x $6\frac{3}{4}$ ". Draw a line vertically down the center. From that center point at the top, draw a diagonal line to each corner at the bottom, creating a long triangle. Cut the rectangle two inches from the top and along each diagonal line to the corners. You have your template! Or you can carefully trace the one to the left.
2. Trace the template to the back of your 16 yellow fabrics. Cut out on the line.
3. With right sides together fold in half and sew along the wider end. Back stitch if desired. 
4. Trim off the corner of the seam allowance to reduce bulk and for easier turning. 
5. Turn right side out so it has a point. Center the seam and press. Repeat to make 16 petals. 
6. With right sides together, align two of the yellow Dresden petals. Starting from the pointed end, sew a quarter inch seam. Press the seam open. 
7. Attach the next Dresden petal in the same way. Then add the fourth Dresden petal. Your quarter section is done. 
8. Repeat to make four quarter sections.
9. Arrange the quarter sections and sew the top two quarters together. Sew the bottom two quarters together. Press seams open.
10. Sew the top and bottom halves together. Press seams open and flower flat.

11. Trace the $5\frac{1}{2}$ " circle onto the wrong side of the 6" square of light fusible interfacing.
12. With right sides together, (fusible bumpy side to right side of brown fabric) align the fusible interfacing and brown 6" square. Sew along the traced circle on the interfacing.
13. Trim $\frac{1}{4}$ " seam allowance from the sewn circle.
14. Snip a 3" slit in the center of the interfacing. Careful not to cut your brown fabric! Turn the circle right side out. Smooth the outer circle seam from the inside with a Purple Thang or closed pen top.
15. Center the Dresden Petals onto the $12\frac{1}{2}$ " background fabric. Once centered, pin the petals and sew a blanket stitch or small zigzag stitch around the outer petals.

